**Risk Assessment for Football**

**Location:**  Training/matches **Date:** 24/3/2021

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| *STEP 1* | *STEP 2* | *STEP 3* | STEP 4 | | *STEP 5* |
| HAZARD | WHO MAY BE HARMED AND HOW/RISK | RISK **PRIOR TO CONTROLS** | **CONTROL MEASURES REQUIRED** | **PERSON RESPONSIBLE FOR IMPLEMENTING** | RISK **CONTROLS IN PLACE** |
| Social Distancing, 2 metre rule | Everyone | **Medium** | 2M rule will be adhered to during training wherever possible    No High fives/hand shakes  No Huddles  Warm up/cool down to be distanced    No Spitting  During team talks players should be distanced | Coaches  Welfare Officer to oversee set up | **Low** |
| Session | Everyone | **Medium** | Strict limit of 30 per group including coaches  Players cannot mix once in a group  Players will have own area two metres apart to leave drinks and belongings  Spitting will not be allowed | Coaches  Welfare Officer to oversee set up  Coaches | **Low**  **Low** |
| Players and Parents Area | Everyone | **Medium** | Players will have designated area to store drinks bottle, all 2 metres apart  No sharing of areas/drinks  Parents will have a designated viewing area, all 2 metres apart, only 1 parent per child to attend and to be discouraged for older children where here is no safeguarding risk.  Parents to follow current government guidelines on social distancing.  Limit of 1 parent per child | Coaches  Players  Parents  Welfare Officer to oversee | **Low** |
| Coaches Equipment | Everyone | **Low** | No bibs to be used if possible where they are not to be shared and to be washed after session    Balls to be cleaned before session  All cones to be cleaned before session  Other equipment will be wiped down prior to session | Coaches  Welfare Officer to oversee | **Low** |
| Players | Everyone | **Medium** | All players to use hand sanitizer at the beginning and end of every session  Players not to handle the ball, unless wearing gloves  Wear appropriate footwear  Wear shin pads  Bring drinks and place in designated areas  Players to not touch the goalposts or nets with their hands  Players not to touch the cones or other equipment with their hands.  If not wearing gloves, players to wash hands after every break  **If you have any symptoms or are feeling unwell, please refrain from attending any sessions as per government advise** | Coaches  Players  Parents  Welfare Officer to oversee | **Low** |
| Facilities/First Aid | Everyone | **High - Medium** | Venues to display QR codes and visitors encouraged to scan in.  Only designated toilets to be used and 1 person at a time. Follow venue rules.  Toilets to be cleaned and checked after sessions by premise owner or appointed person.  First Aid station to be set up away from the training area  Parents to provide First Aid to their child unless more serious.  All coaches are first aid qualified  Coaches to be passed current guidelines on the provision of first aid/PPE.  Signage in place to remind of current government guidelines | Coaches  Welfare Officer | **Low** |
| Arrival | Everyone | **Medium** | All places to be pre booked and payment online. This is to prevent handling of cash  Parking to be sensible and appropriate to venue.    **If you have any symptoms or are feeling unwell, please refrain from attending any sessions as per government advise**  Register will be taken, and all parents are to wait in designated area/ max 1 parent per child.  Records will be kept for 3 weeks.  Parents to sign consent for first aid and briefing to be given to parents about how we work.  Copy of FA Affiliation, Liability Insurance and Risk Assessment with Safeguarding policy available for all parents to view.  Players will be escorted to training areas by the coaches in a safe manner 2 metres apart to their area.  All players to use hand sanitiser before session. |  | Low |
| Sessions | Players and Coaches | **Medium – Low** | Players to follow all instructions from coaches.  All exercises will be 2 metres apart where possible. | Coaches  Players  Parents | **Low** |
| Breaks | Players and Coaches | **Medium – Low** | Players are to go direct to their designated areas/no mixing during breaks. | Coaches  Players  Parents | **Low** |
| Leaving | Players and Coaches | **Medium – Low** | Players will leave in an orderly manner and this will be done by the group nearest the exit.  All players to use hand sanitizer  Players to keep 2M apart  No players are to leave without their coaches instruction to leave | Coaches  Players  Parents | **Low** |
| Post Session | Coaches | **Medium – Low** | All balls to be cleaned.  All cones to be washed  Any other equipment used to be cleaned. | Coaches | **Low** |
| Pitch Area | Trip on litter left on the playing area or general potholes | **Low** | Check all areas before commencing session, coaches only to remove objects | Coaches | **Low** |
| Car Park/transport | Hit by a car in the car park  Too many people at one time  Sharing of cars | **Medium-high**  **Low-medium**  **medium** | Be aware at all times.  If unable to park safely park elsewhere.  Car sharing should not take place unless the group in the car meets with current government guidelines | Parents  Parents  Parents | **Low**  **Low**  **Low** |
| Equipment | Hit by a football  Cut by sharp edges on equipment  Trapped in the goal net | **Low-medium**  **low**  **Low-medium** | To be pumped up and left in equipment area nowhere else.  Equipment to be checked by coaches and thrown away if inadequate  To be secured at all times checked by coach and official | Coaches  Coaches  Coaches | **Low-medium**  **Low**  **low** |
| Spectators | Putting photos on social media  Taking a child | **Low-medium**  **Low** | No photos to be taken by parents or spectators without checking with coach.    Players to stay with coach until parents come to collect their child | Coaches and parents  Coaches and parents | **Low-medium**  **Low** |
| Collision Injuries | Bruising  Breaks  Fractures  Loss of consciousness | **Medium** | Clear areas where players will play football.  First aid qualifications up to date for staff members  First Aid area away from training area | Coaches | **Low** |
| Contact Injuries | Bruising  Twists  Breaks  Fractures | **Medium** | Clear areas where players will play football.  First aid qualifications up to date for staff members  First Aid area away from training area | Coaches | **Low** |
| Physical Assault | Punching  Kicking  Spitting | **Medium** | Coaches to be trained for these situations  Ban offenders from participation/watching | Coaches | **Low** |
| Physical Injuries | Muscles Tears  Muscle Pull  Twists  Sprains  Breaks  Fractures | **Low** | Appropriate warm up to take place by a training staff member with 2 meter rule in place  First aid qualifications up to date for staff members  Suitable first aid kit equipment available  First Aid area away from training area | Coaches | **Low** |
| Verbal Assault | Bullying  Rumours  Insults | **Low** | Coaches and staff training and control  Working with spectators/players to education and reduce foul play  Involve club Welfare Officer. | Coaches  Parents  Players | **Low** |
| Matches | Players | **Medium** | Warm up/Cool down to be socially distanced.  Social distancing to apply during any breaks in play  Half time and Full time talks players should stay 2M apart  Subs should keep 2M away from each other  Kits should be taken home by player and washed.  Balls/other equipment should be wiped wherever possible during the match.  Pre and Post match all equipment used should be cleaned.  Avoid touching the ball with hands where possible.  Free kicks to be taken asap to avoid close contact for any period  Spectators shall apply social distancing  Spectators shall only turn up to own match  Limit or 1 parent per child discourage for older children where there is no safeguarding risk | Coaches  Players | **Low** |